WORLD HANDICAP SYSTEM

REA USGA

COURSE HANDICAP TABLE

Cockermouth Golf Club



Course Rating 68.4	Women's Red (from	20 Oct 2021)	Par 70 Slope 114
Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.5	+5	25.3 to 26.2	26
+4.4 to +3.5	+4	26.3 to 27.2	27
+3.4 to +2.5	+3	27.3 to 28.2	28
+2.4 to +1.5	+2	28.3 to 29.2	29
+1.4 to +0.5	+1	29.3 to 30.2	30
+0.4 to 0.4	0	30.3 to 31.2	31
0.5 to 1.4	1	31.3 to 32.2	32
1.5 to 2.4	2	32.3 to 33.2	33
2.5 to 3.4	3	33.3 to 34.1	34
3.5 to 4.4	4	34.2 to 35.1	35
4.5 to 5.4	5	35.2 to 36.1	36
5.5 to 6.4	6	36.2 to 37.1	37
6.5 to 7.4	7	37.2 to 38.1	38
7.5 to 8.4	8	38.2 to 39.1	39
8.5 to 9.4	9	39.2 to 40.1	40
9.5 to 10.4	10	40.2 to 41.1	41
10.5 to 11.3	11	41.2 to 42.1	42
11.4 to 12.3	12	42.2 to 43.1	43
12.4 to 13.3	13	43.2 to 44.1	44
13.4 to 14.3	14	44.2 to 45.1	45
14.4 to 15.3	15	45.2 to 46.0	46
15.4 to 16.3	16	46.1 to 47.0	47
16.4 to 17.3	17	47.1 to 48.0	48
17.4 to 18.3	18	48.1 to 49.0	49
18.4 to 19.3	19	49.1 to 50.0	50
19.4 to 20.3	20	50.1 to 51.0	51
20.4 to 21.3	21	51.1 to 52.0	52
21.4 to 22.3	22	52.1 to 53.0	53
22.4 to 23.2	23	53.1 to 54.0	54
23.3 to 24.2	24		
24.3 to 25.2	25		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column. Play with the Course Handicap in the right column which correspond with that range. Please make sure the tees you are playing correspond with the tees this table applies to.