

COURSE HANDICAP TABLE*Cockermouth Golf Club*

Course Rating 67.1

Men's White (from 20 Oct 2021)

Par 69 Slope 119

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.3	+5	26.2 to 27.0	28
+4.2 to +3.4	+4	27.1 to 28.0	29
+3.3 to +2.4	+3	28.1 to 28.9	30
+2.3 to +1.5	+2	29.0 to 29.9	31
+1.4 to +0.5	+1	30.0 to 30.8	32
+0.4 to 0.4	0	30.9 to 31.8	33
0.5 to 1.4	1	31.9 to 32.7	34
1.5 to 2.3	2	32.8 to 33.7	35
2.4 to 3.3	3	33.8 to 34.6	36
3.4 to 4.2	4	34.7 to 35.6	37
4.3 to 5.2	5	35.7 to 36.5	38
5.3 to 6.1	6	36.6 to 37.5	39
6.2 to 7.1	7	37.6 to 38.4	40
7.2 to 8.0	8	38.5 to 39.4	41
8.1 to 9.0	9	39.5 to 40.3	42
9.1 to 9.9	10	40.4 to 41.3	43
10.0 to 10.9	11	41.4 to 42.2	44
11.0 to 11.8	12	42.3 to 43.2	45
11.9 to 12.8	13	43.3 to 44.1	46
12.9 to 13.7	14	44.2 to 45.1	47
13.8 to 14.7	15	45.2 to 46.0	48
14.8 to 15.6	16	46.1 to 47.0	49
15.7 to 16.6	17	47.1 to 47.9	50
16.7 to 17.5	18	48.0 to 48.9	51
17.6 to 18.5	19	49.0 to 49.8	52
18.6 to 19.4	20	49.9 to 50.8	53
19.5 to 20.4	21	50.9 to 51.7	54
20.5 to 21.3	22	51.8 to 52.7	55
21.4 to 22.3	23	52.8 to 53.6	56
22.4 to 23.2	24	53.7 to 54.0	57
23.3 to 24.2	25		
24.3 to 25.1	26		
25.2 to 26.1	27		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.